

## Bureau of Environmental Health

8930 Stanford Blvd. , Columbia, MD 21045 Main: 410-313-2640 | Fax: 410-313-2648

TDD 410-313-2323 | Toll Free 1-866-313-6300 www.hchealth.org Facebook: www.facebook.com/hocohealth Twitter: HowardCoHealthDep

## Maura J. Rossman, M.D., Health Officer

## **Covered Dish Affairs**

Covered dish affairs are very popular with Fraternities, Churches, clubs, and small groups of friends. Good planning and organization is essential for these affairs. Here are a few things to remember when planning for your event.

- 1. Simple is better. Restrict the menu to items that require 4 or less steps in the preparation process. (Example: cook, slice, mix ingredients, cool).
- 2. Provide handwashing stations for the hosts. Provide handwashing stations for the guests also, for self-serve events.
- 3. Plan ahead regarding the methods of transportation and containers to be used for transporting food to the event safely.
- 4. Avoid using foods that have to be prepared on the day before the event. Prepare all foods on the day of the event.
- 5. Thoroughly wash all fruits and vegetables before cooking or serving.
- 6. Choose one person from your group that will be responsible for checking temperatures during the affair.
- 7. Do not prepare or serve food when ill.

## **Final Cooking Temperatures**

The regulations regarding final cooking temperatures (for at least 15 seconds) for potentially hazardous foods are as follows:

- 165 F Poultry, stuffed foods, texturally-altered foods, purees
- Pork, eggs (not for immediate service), ground beef, comminuted meats (Examples: sausage, scrapple, gefilte fish, gyros)
- **145 F** Whole beef, fish, seafood, eggs (for immediate service)

Other regulations concerning food temperatures that are important to know are the following:

- A. Frozen foods must be kept at 0 F during storage.
- B. Cold foods should be kept at or below 41 F.
- C. Cold foods that exceed 41 F, at any time, must be discarded.
- D. Cold foods that are above 41 F for 4 hours or more must be discarded.
- E. Hot food should be kept at or above 135F.
- F. Hot foods below 135 F for 4 hours or more must be discarded.
- G. Food can be reheated, one time only, rapidly to 165 F.
- H. Fruits, vegetables and commercially processed foods (canned meats, canned Ravioli) cooked to 135F before hot holding.

In summary, your covered dish affair can be a success if you remember to make it a **HAPPY** one.

**H**ave a stem thermometer present and in use when preparing and holding food for service.

Always wash your hands and use utensils when preparing and serving food.

**P**lace cold foods under refrigeration or on ice at all times.

**P**lace hot foods in or on adequate hot holding equipment.

Your safe food handling knowledge is the key to a successful event.

Eat, Enjoy and be **HAPPY**!